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As many as 40 million Americans are affected by anxiety and for those seeking self-help, there are many apps out there. Here are 20 of the best.

20 Best iPhone Apps to Help Manage Anxiety

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The untold story of Mollie Tibbetts' final moments - and her family's 3-year struggle to reclaim her memory

"The most distinctive feature of gaslighting is that it's ... Sweet's research, which focused on heterosexual relationships, cites many examples of everyday gaslighting: "Ebony's partner ...

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What Is Gaslighting And How Do You Deal With It?

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17 Calm Dog Breeds with Easygoing Personalities

IRVING, Texas, and NEW YORK, June 15, 2021 /PRNewswire/ -- Caris Life Sciences®, a leading innovator in molecular science and artificial intelligence focused ... of a matched therapy for every ...

Caris Life Sciences and Elevation Oncology Announce Joint Discovery and Development Collaboration Focused on Oncogenic Fusions and Driver Mutations

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Urovant Sciences Named One of the 2021 Best Places to Work in Orange County

This distinctive feature of the Soviet experience – more than the war ... Even in the midst of war, Soviet films focused on human relationships as they were warped by the experience of conflict. In ...

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